

FORK AND ALE SUMMER CHARITY SERIES
2018 Tuesday Evening 5K Summer Series-Doulassville, PA
Series Entry Form Dates: 4/10, 5/8, 6/12, 7/10, & 8/7 Start Time: 6:30 PM
Each race will benefit a different charity!



Alpha & Omega Sports is directing the Schuylkill River Trail 5K Challenge Series, held at the Fork & Ale restaurant on Route 724 in Douglassville. Races will be conducted on the second Tuesday of every month between April and August, and the series will be a good way to gauge your fitness progression from spring through the Summer. These will be very family-oriented events that will also host a kids' challenge 800-meter run!

FEES: Entry fee for the series is \$60. All series entries **MUST** be postmarked by Monday, April 2nd. Each entry will be eligible for the raffle following the race.

Individual race fees are \$15.

Everyone who registers for the entire series will be given a t-shirt. Additional shirts can be purchased at the races (while supplies last).

FORK AND ALE will donate a portion of all food and drink purchased that evening to that race's specified charity.

Bib pickup starts at 5:45PM, Race will begin at 6:30PM.

Results will be available at www.AlphaAndOmegaSports.com/Results

Online Registration Available at www.AlphaAndOmegaSports.com

AWARDS: Awards will be given to the Top Overall Male and Top Overall Female Winners, and top 3 in the following age groups:

17 and under, 18-29, 30-39, 40-49, 50-59, 60+

More info can be found at www.AlphaAndOmegaSports.com

MAIL CHECK PAYABLE TO "Alpha & Omega Sports" 15A Brooke St. Douglassville, PA 19518

Email: AlphaAndOmegaSports@gmail.com

Last name _____ First name _____

Address _____

City/State _____ Zip _____

Date of birth ___/___/___ Sex: M F Phone: (____) _____ T-Shirt Size(adult): S M L XL

Please circle all races you are signing up for: 4/10 5/8 6/12 7/10 8/7

Email: _____@_____

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge Alpha & Omega Sports, Fork & Ale, Union Meadows Park and any subcontractors it utilizes, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER: (if under 18, legal guardian must sign)

Signature _____ Date _____/_____/_____